



**Education** Professional instructors help students find a means to best express themselves, promoting client-directed goals, self-determination, and social skills while gaining a sense of independence and pride. We bridge the gap of post-secondary education supports for individuals who experience an intellectual and/or developmental disability (I/DD). Courses are offered in health and wellness, urban gardening, community involvement, independent living, career development, and fine arts.

---



**Employment** Our team works with individuals who experience I/DD to find and maintain competitive integrated employment in the Austin community. Participants receive support meeting their current skills, experience, and employment needs. The goal is to help individuals with I/DD find employment aligned with their unique strengths, abilities, priorities, and interests. We work with businesses to assist promoting neurodiversity in the workplace. The Supported Employment Program helps our business partners identify people with I/DD who have the skills to fill open positions in the workplace.

---



**Independent Living Services** Our case management programs coordinate a range of community integration services and supports to help children and adults who experience I/DD to achieve and maintain personal independence. We provide an alternative to institutionalization for individuals with disabilities who need attendant care by helping them access the resources they need to live and work as independently as possible in the community.

---



**Educational Advocacy & Transition Services** We work with children and families to navigate the school system by coaching parents regarding their child's rights to receive reasonable accommodations to meet educational needs. We provide support in developing transition plans for individuals preparing to graduate high school, plus host workshops and training for transition services such as special education, advocacy, guardianship, and more. Additionally, we provide free monthly social events.

---



**Dog Therapy** We have an internal team of therapy dogs who accompany staff to work and provide loving interaction with students, clients, and employees. Studies show therapy dogs can help increase productivity and reduce stress. We also partner with a local therapy dog program.

# About The Arc of the Capital Area

The Arc of the Capital Area is one of the oldest continuously-operating nonprofits in Austin. Since 1949, we have empowered children and adults with intellectual and developmental disabilities. We serve 17 counties across Central Texas.

Intellectual and developmental disabilities - or I/DD - is an umbrella term that includes more than 100 different diagnoses, including Down Syndrome, Cerebral Palsy and Autism.



## Our Mission

The Arc of the Capital Area, a nonprofit organization, is committed to empowering Central Texans with intellectual and developmental disabilities and their families through compassionate case management and innovative programs.

## Our Vision

The Arc of the Capital Area will be the community's trusted and comprehensive resource for people with intellectual and developmental disabilities. We connect individuals and families to education, work, recreation, and lifelong services so they achieve lives of joy and dignity.